

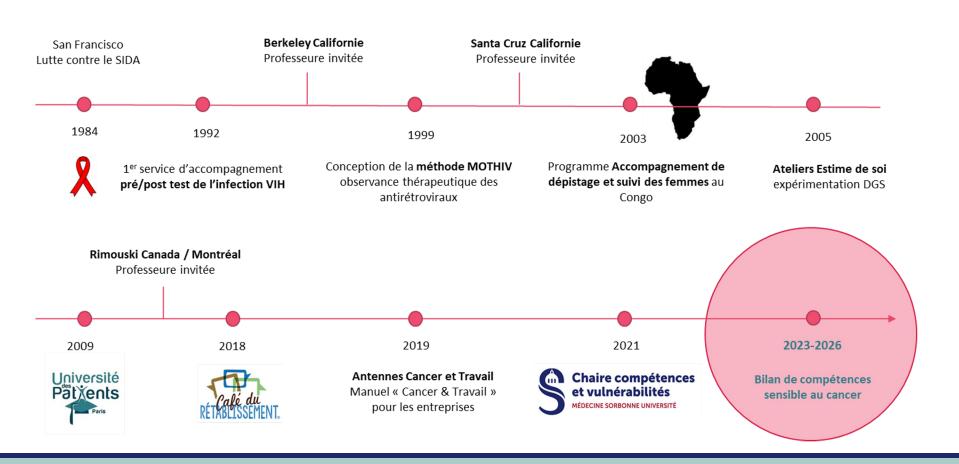
A skills assessment center sensitive to health challenges, starting with cancer

Career counseling centers for cancer survivors

by Professor Catherine Tourette-Turgis, holder of the Chair competencies and vulnerabilities, founder of the University of Patients Sorbonne



About Catherine Tourette-Turgis





150 publications

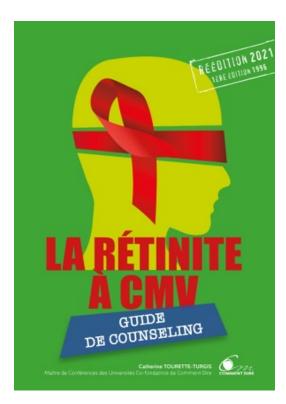
13 books or manuals

17 book chapters









presentant des roubles visuels ?

4 - OUTILS DU COUNSELING

41 - Les attitudes facilitantilla relation-d'aide
42 - Les techniques d'entretien

TRITHERAPIES

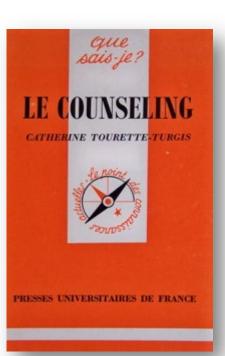
GUIDE

DE COUNSELING Catherine TOURETTE-TURGIS

Maître de Conférences des Liniversités Co-fondatrice de Comment Dire

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AIDS Care Vol. 22, No. 12, December 2010, 1509–1516

Evaluating counseling outcome on adherence to prophylaxis and follow-up after sexual HIV-risk exposure: a randomized controlled trial

L. Bentz**, P. Enel*, B. Dunais*, J. Durant*, I. Poizot-Martin*, C. Tourette-Turgis*, M. Rébillon*, F. Le Duff⁶, P. Dellamonica^c and C. Pradier^a

*Pablic Health Department, Nice University Hospital, Arches I Hospital, Route de St. Antoine de Ginestière, BP 3079, Nice codex 3, Founce, *Pablic Health Department, Marwellor University Hospital, Marwellin, France, *Department of Infectious Diseases, Citical Virology Unit, Nice University Hospital, Nice, France, *HIV and Hepatitic Care Course, Marseilles University Hospital, Marwellie, France, *Educational Sciences Department, Boson Chiterairy, Rosen, France (Received 4 January 2010; final version received 1 April 2010)

Objective. Post-exposure prophylaxis (PEP) is recommended for the management of sexual HIV-risk exposure

Objective. Post-exposure prophylaxis (PEP) is recommended for the management of sexual HIV-risk exposure. However, a high percentage of exposure distraint descontaine both the 25-day prophylaxis course before 15 days and HIV testing follow-up before MI. The objective of this study is to assess the efficacy of a commelting intervalsion in relational post-and travers. Percentage of the property o

Keywords: HIV; randomized controlled trial; non-occupational post-exposure prophylaxis; adherence;

Since 1998, recommendations have been put forward accidental viral-risk exposure, namely through sexual transmission. According to the level of risk, these recommendations advise a standard 28-day post-exposure prophylaxis (PEP). This consists in a triple drug regimen including either three nucleoside analogs or a combination of two nucleoside analogs and a protease inhibitor. Certain guidelines also recom-mend standardized follow-up of PEP and HIV serostatus at least up to the third month following exposure (Almeda et al., 2004: Center for Disease

and low adherence jeopardizes its cost-effectivenes Control [CDC], 2005; Fisher et al., 2006; Yeni, 2006).

PEP must be initiated within a short delay but recipients are unprepared to cope with a complex treatment regimen and its side effects, which may interfere with treatment adherence (Duran & the

Counseling-based programs were setup a long time ago as part of combating the HIV epidemic, but mainly focused on risk-avoidance and screening (Kahn et al., 2001). In HIV-infected patients re

APROCO Cohort Study Group. 2001: Laporte et al. 2002; Lot, Larsen, & Herida, 2007; Yeni, 2006). Difficulty in adhering to follow-up may lead to

ineffective prophylaxis and undiagnosed HIV sero

reported low adherence on both treatment and follow-up (Day, Mears, Bond, & Kulasegaram, 2006; Luque et al., 2007; Mayer et al., 2008; Rey et al., 2008).

while others showed satisfying rates (Kahn et al., 2001; Lacombe et al., 2006; Sonder et al., 2007). In France,

ersion. To date, completion of PEP treatment and

*Corresponding author. Email: bentz.l/a/chu-nice.fr

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Le counseling

Un outil, un courant d'idées, un ensemble de pratiques

Outil de thérapie sociale ? Technique de psychothérapie ? Thérapie de groupe ? Le connecling ne cesse d'échapper à toute tentative de définition méthodique. Son histoire, comme l'origine de sa pratique, puis son essor aux Etats-Unis le prouvent. A cet égard, son utilisation récente en France dans le domaine de l'infection à VIH peut constituer un analyseur des pratiques cliniques et sociales pour les premiers malades du sida.

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de l'actualité scientifique sur le VIH

et les virus des hépatites

Recherche dans les archives Transcriptases avec google. Les archives contiennent les articles panus dans les N° 1 à 137. Les articles des n° 138 et suivants sont publiés sur <u>www.uh.org</u>

nº2 - janvier 92

La place du counseling dans le traitement prophylactique de l'infection à VIH

Catherine Tourette-Turgis

de l'actualité scientifique

et les virus des hépatites

sur le VIH

Center for AIDS prevention studies (San Francisco)

Une collaboration avec le CAPS (1) de San Francisco m'a amenée au cours de l'hiver dernier à travailler avec Margaret Chesney et Beth Dillon (CDC (2)) à l'écriture de protocoles de counseling centrés sur la situation particulière à laquelle se trouvent confrontées les personnes qui, venant de s'exposer à un risque sexuel, se retrouvent dans un des trois centres médicaux habilités à dispenser un traitement d'urgence (3). Il s'agissait donc de construire un protocole de counseling sur plusieurs séances au travers de trois modules : un module d'intervention de crise (soutien immédiat post-exposition), un module de soutien à l'observance et un module de réduction des risques, ces modules pouvant être travaillés conjointement ou séparément en fonction de la stratégie du praticien du counseling et des besoins immédiats de l'usager du service de prophylaxie.

Les articles des nº 138 et suivarts sont publés sur www.vfl.org

De fait, il apparaissait évident à San Francisco et partout aux Etats-Unis, que le traitement prophylactique nécessitait une articulation étroite entre le dispositif médical et le dispositif d'accompagnement. Au delà de sa place dans la prophylaxie, le protocole de "traitement d'urgence" suscite chez les théoriciens et les praticiens du counseling un ensemble de réflexions sur la

sur le VIH et les virus des hépatites Recherche dans les archives Transcriptases evec google. Les archives conference les articles pieces dans les N° 1 à 137. Les articles dos n° 138 et suivants dont publids sur <u>vans vinte</u>

n°58 - septembre 97

PRIMO-INFECTION

Stratégies de counseling

Center for AIDS prevention studies (San Francisco)

Les nouveaux enjeux du diagnostic et de la prise en charge précoce de l'infection VIH

L'arrivée de nouvelles molécules (antiprotéases) et le traitement de la primo-infection ont amené les praticiens du counseling à réviser les protocoles et les programmes de counseline afin d'accompagner les personnes pouvant bénéficier d'un traitement précoce dans leur confrontation aux nouveaux enjeux de l'infection VIH. Le traitement de la primo-infection et le traitement prophylactique ont dissous les frontières qui régissaien les univers de la prévention et de la prise en charge, à tel point que les politiques publiques cherchent la meilleure façon de communiquer sur la primo-infection et la prophylaxie sans prendre le risque de créer des effets pervers en termes de prévention. Les séparations traditionnelles entre les champs de l'éducation, de la réduction des risques et du soutien n'ont plus lieu d'être, ni dans le cadre de la prophylaxie, où la question de la prévention primaire reste primordiale, ni dans le cas de la primoinfection, où la réussite de la prévention secondaire s'avère un enieu crucial.

Les enjeux de la primo-infection en termes de counseling



Catherine Tourette-Turgis

Maître de Conférences en Psychologie et Sciences de l'Education à l'Université

guide to clinical Bor R. James W. Dilley.

Riva Miller et Robert Bor, psychologues et thérapeutes familiaux à Londres, présentent le counseling comme un traitement complémentaire à la prise en charge médicale des personnes concernées par l'infection à VIH, mais aussi commo un moyen de prévention contre l'extension de l'épidémie. Ce guide, d'abord publié en Grande Bretagne (1988) puis aux USA (1991), expose tous les points à aborder dans le conseil à chaque phase de l'infection à VIH, de la demande de test à la phase terminale de la maladie, et le counseling de deuil pour

L'ouvrage s'appuie sur la démarche de thérapie familiale de l'école de thérapie de Milan (Italie). Le processus de conseil est centré

PERATTER Le Shanti Project

Le counseling en pratique

Le Shanti-Project, expérience américaine de soutien des personnes concernées par l'infection à VIH, connaît actuellement un développement mondial

commit netwellement un developpement mondial.

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et les virus des hépatites

Recherche dans les archives Transcriptases avec google. Les archives contiennent les articles perus dans les N° 1 à 137. Les articles des n° 138 et suivants sont publiés sur <u>vove vill, oro</u>

nº8 - août-septembre 92

SERVICE DE CONSEIL

L'essor des pratiques de counseling

Catherine Tourette-Turgis

Maître de Conférences en Psychologie et Sciences de l'Education à l'Université

different counselling primary care and social support" table runde. avec Calle Almedal

Meursing (Zimbabwe John Pegge T. Manoj

Dans tous les pays du monde, on observe une multiplication et une extension des services de conseil appliqués à la prévention de l'infection à VIH, à la prise en charge et au suivi psychologique et social des personnes séropositives ou malades



de l'actualité scientifique

Routledge

Recovery & cancer survivorship issues



Cancer, survivorship: a new wordlwide challenge

- Approximately 100 million people have a personal history of cancer and are thus considered to be cancer survivors. (1)
- Today, thanks to new therapies and due to advances in oncology research, there are more cancer survivors than people who die from cancer.
- Half of cancers affect people of working age (2), survivorship is also a challenge for working environment and companies.
- The professional dimension is recognized as a dimension that contributes to the person's recovery, but which requires support (3)
- (1) Global Burden of Disease 2019 Cancer Collaboration; Kocarnik JM, Compton K, et al: Cancer incidence, mortality, years of life lost, years lived with disability, an disability-adjusted life years for 29 cancer groups from 2010 to 2019: A systematic analysis for the Global Burden of Disease Study 2019. JAMA Oncol, 8;420-444, 2022
- (2) de Boer, A.G., Torp, S., Popa, A. and al. (2020). Long-term work retention after treatment for cancer: a systematic review and meta-analysis. J Cancer Surviv 14, 135-150
- (3) Tourette-Turgis, C. Rebillon, M., (2023). Manual of Counseling for Peer Support Partners Cancer & Work, Comment dire, p. 110



Supporting cancer recovery: a win-win situation for employees and the employers

Ensuring a successful return to work, or maintaining work under good conditions for an employer, means:

- Reducing costs associated with replacement and management time required for these tasks
- Helping managers to accompany their teams more effectively
- Building a relationship of trust and loyalty with employees
- Increasing the reputation of the employer as a good one

Tourette-Turgis, C. Rebillon, M., (2023). Manual of Counseling for Peer Support Partners Cancer & Work, Comment dire, p. 43



Impact of cancer



Cancer today: a worldwide challenge

Improvements in medical care are enabling patients with cancer to live longer and to increase their ability to work during and following treatment (1) (2)

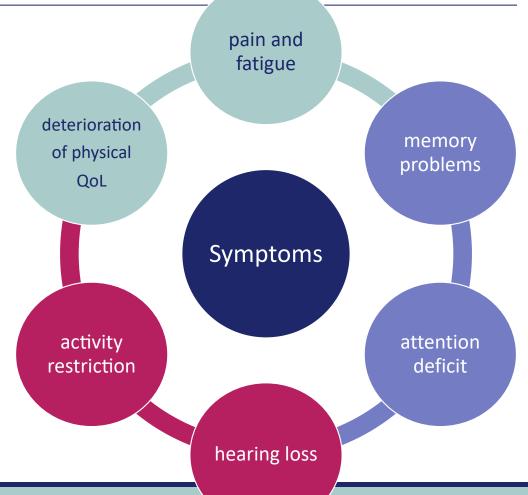
This trend brings with it new issues regarding survivors' employment-related needs.

- (1) Pryce J, Munir F, Haslam C. (2007). Cancer survivorship and work: symptoms, supervisor response, co-worker disclosure and work adjustment. *J Occup Rehabil*; 17(1):83–92
- (2) Stone DS, Ganz PA, Pavlish C, Robbins WA. (2017) Young adult cancer survivors and work: a systematic review. J Cancer Surviv. Dec;11(6):765-781



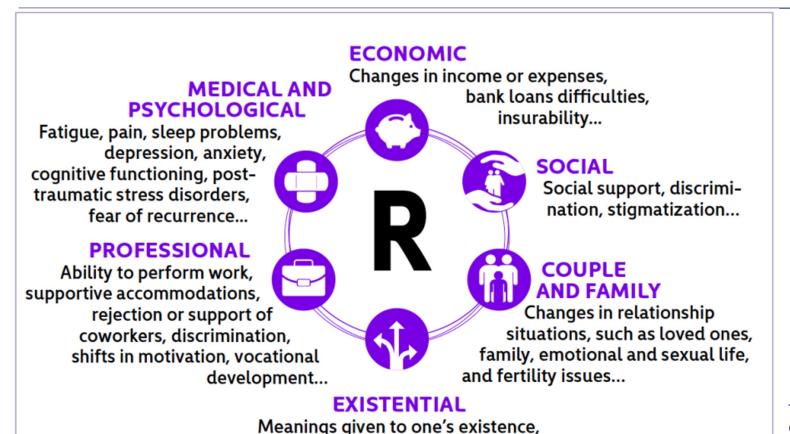
Cancer-related symptoms influencing work outcomes among cancer survivors

- pain and fatigue ⁽¹⁾
- memory problems and attention deficit (2)
- hearing loss (3)
- activity restriction and deterioration of physical quality of life (4)
- (1) Al Maqbali M, and al. (2021) Prevalence of Fatigue in Patients With Cancer: A Systematic Review and Meta-Analysis. J Pain Symptom Manage. Jan;61(1):167-189.
- (2) McDougall GJ Jr, and al. (2014) Memory and cancer: a review of the literature. Arch Psychiatr Nurs. Jun;28(3):180-6.
- (3) Miaskowski C, and al. (2018) Impact of chemotherapy-induced neurotoxicities on adult cancer survivors' symptom burden and quality of life. J Cancer Surviv. 2018 Apr;12(2):234-245.
- (4) Tan CJ, and al. (2022) Investigating how cancer-related symptoms influence work outcomes among cancer survivors: a systematic review. J Cancer Surviv. Oct;16(5):1065-1078.





Cancer recovery intervention model based on 6 dimensions



shifts in the sense of being and time...

Tourette-Turgis, C. Rebillon, M., (2023). *Manual of Counseling for Peer Support Partners Cancer & Work*, Comment Dire, p. 27.



Target groups of our career counseling initiative

- young adults suffering from sarcoma, often on fixed-term contracts
- women and breast cancer patients
- salaried adults aged around 55 at risk of forced early retirement
- men and women with colorectal and lung cancer
- self-employed men and women



How to meet unmet needs

- Women constitute the demographic most affected by cancer and its impact on work.
- In oncology services, studies have shown that the topic of work is less frequently addressed with women than with men.
- Women are caught between three demands: taking care of themselves, taking care of their children, and taking care of their career.



5 different work packages

1

Which kind of counseling





How to combine counseling, cancer counseling and career counseling?

2

How to train career counselors wanting to work

in oncology services, in companies?

3

Raising awareness among oncology



on the benefits of introducing the professional dimension at the right moments in cancer care pathways 4

How to Improve RTW practices within work places



How to train employers and improve RTW companies' procedures

5

Evaluation

on the feasibility, acceptability and relevance of this experimentation





How to train career counselors to work with cancer survivors

What is the optimal approach: to enhance the training of career counselors by incorporating an additional component into their general education, to establish a dedicated training program, or to introduce an additional specialized certification within their educational framework?

Alternatively, should one consider the training of cancer-experienced individuals (expert patients) who are already facilitating the return to work, by providing them with some training in career counseling through the establishment of a certificate or diploma program?



Lessons learned

The Sanofi experience has demonstrated that the most effective model involves deploying affinity groups within companies where employees affected by cancer or their caregivers provide peer support to other employees. When coupled with peer support counseling training, this approach yields favorable outcomes.

Our experience with HIV/AIDS counseling illustrates that counseling can serve as a crucial front-line resource in combating isolation, stigma, and distress, provided that the chosen counseling approach is person-centered and situation-focused, and that counselors do not solely burden the individual with problem-solving responsibilities.



The project highlights

combining 3 expertises

oncology / career guidance / cancer experience

a co-constructed system

theoretically sound methods and tools, revised in real time with all those concerned and stakeholders

a field experiment

100 skills assessments carried out during the trial phase

institutions of excellence

Sorbonne Université, Conservatoire National des Arts et Métiers (Cnam), Université des Patient·es Sorbonne

a system that can be transferred

free access for the dissemination of innovative practices







They are supporting us

















To stay in touch

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